

Accountants, We Care

Stress is common in city life and increasingly affecting our lives. 14 accounting associations are joining hands to present Series 4 of stress management sessions for accountants to learn how to enhance our own well-being and performance and/or those of our friends. We understand that very often work stress and family life are inter-related. This time, there will be sessions on family life issues to help us learn how to manage stress coming from our families.

Topic: Cultivating Family Resources - Prevention of stress and depression

16 July 2015, 19:00 - 21:00 (SCAA)

(Please [click here](#) to enroll)



Speaker

Dr. Albert TH Chan

Counseling and Clinical psychologist
Visiting Professor, Beijing Normal University
MFT Clinical Fellow and Approved Supervisor



Topic: From Stress to Strength

31 Jul 2015, 18:30-20:30 (HKICPA)

26 Aug 2015, 18:30-20:30 (HKICPA)

(Please [click here](#) to enroll)

Speaker

Ms. Pinky Lam 林淑穎女士

M.A.S.W., BSc (Psychology)

Training Consultant,

Hong Kong Employment Development Service Ltd.

MBTI Step I & II Administrator

Topic: 和諧家庭 快樂孩子

10 Sep 2015, 19:00 – 20:30 (HKICPA)

(Please [click here](#) to enroll)



Speaker

Ms. Shirley Loo 羅乃萱女士 MH, JP

家庭發展基金總幹事



Topic: Conflict Management at Workplace

25 Sep 2015, 18:30 – 20:30 (HKICPA)

(Please [click here](#) to enroll)

Speaker

Dr. Harry Hui 許志超博士

Associate Professor

Organizational Psychology, University of Hong Kong

Lead Organizer:



Organizer:



Co-organizers:

Think Ahead



Supporting Organization: **Baptist Oi Kwan Social Service**

Accountants, We Care

Venues

HKICPA

Hong Kong Institute of Certified Public Accountants

27/F, Wu Chung House, 213 Queen's Road East, Wanchai, Hong Kong.

SCAA

The Society of Chinese Accountants & Auditors

6/F, 88 Lockhart Road, Wanchai, Hong Kong.

Language

Cantonese

Fee

Free of charge for members or students of Organizers and Co-organizers

Participants

Accountants who wish to learn about the causes and effects of their stress and how it may be better managed in order to enhance their well-being and performance.

The Organizers reserve the right to limit the number of sessions enrolled by each participant.

Competency

Management, leadership and soft skills

CPD hours

1.5 hours / 2 hours (for each session)

For any enquiries, please email to info@hkaca.org.hk or call Sam Chak at 9305 9551 or Elizabeth Law at 2522 7605.

Lead Organizer:



Organizer:



Co-organizers:

Think Ahead



Supporting Organization: **Baptist Oi Kwan Social Service**