



Hong Kong Institute of  
Certified Public Accountants  
香港會計師公會



The Institute is recruiting new members for its **Dragon Boat Team** for the “Dragon Boat Festival in 2012”.

### **Release pressure with joy, get fitness and build network.**

You neither have to be a good swimmer nor possess a well-built body to join the Dragon Boat Team. We are looking for members who are committed and have a strong team spirit to form the team. Professional coach will be engaged to train you to become a good paddler. The newly joined members, same as existing paddlers, will be subject to a selection process undertaken by the coach and the convenor if they wish to represent the Institute in open races. The criteria for selection include paddling skills, team spirit and co-operation with team members.

### **Our achievements**

The Dragon Boat Team participates in a number of races each year. In 2011, we were the champion of the Gold Cup at the HKICPA Cup - 62nd National Day Celebration Dragon Boat Invitational Race.

On the New Year Day in 2012, our team broke the Guinness World Record of 24 hr Dragon Boat Marathon Relay by achieving a new distance of 227km.

**Dragon Boat Interest Group** will start its training from 26 February on every Sunday until mid December. The training will start at 9:00 am at Sai Sha Wan, Sai Kung for 2.5 hour. Starting on 18 April, an additional Wednesday evening practice will be scheduled to take place at Sai Kung, from 7:30 pm until 9:30 pm in preparation for races.

If you are interested to be a paddler, please contact the convenor, Camille, at [camille\\_dodson@yahoo.com.hk](mailto:camille_dodson@yahoo.com.hk). Both new and experienced paddlers are warmly welcome to join our team. For new paddlers, we offer one month **free** trial before you commit yourself. The training fee for each paddler is \$200 each year.