

The Institute is recruiting new members for its **Dragon Boat Team** for the "Dragon Boat Festival in 2014".

Release pressure with joy, get fitness and build network.

You neither have to be a good swimmer nor possess a well-built body to join the Dragon Boat Team. We are looking for members who are committed and have a strong team spirit to form the team. Professional training will be provided to all new paddlers. The newly joined members, same as existing paddlers, will be subject to a selection process undertaken by the coach and the convenor for open races. The criteria for selection include paddling skills, team spirit and co-operation with team members.

While official training for the approved open races are fully sponsored by the Institute, a fee of \$200/year is payable by each paddler to cover other expenses which do not fall within the Institute's subsidy. The fee is only payable after one is committed to join the dragon boat team.

Free Trial

We have our own HKICPA dragon boat docked at Sai Kung Pier. From now until 15 December 2013, every Sunday, any members are welcome to come to join our training from 9:00 am to 11:30 am at Sai Kung, with advance registration.

If you are interested, please contact the convenor, Camille, at <u>camille_dodson@yahoo.com.hk</u>. Both new and experienced paddlers are warmly welcome to join.